Sporty babe races with her buddy

Even raging fevers have not cooled Ms Chow Sau Yee’s pursuit of sports.

“I ran half and full marathons and one biathlon, when I had a fever,” said the winner of the Sporty Babe And Buddy award at Amore Women’s Day Out yesterday in Ngee Ann City.

Her passion is the sort that the Singapore Sports Council would like to see take off in other women.

Its recent study revealed that though single women know of the value of sports, they feel they can skip such activities at this stage of their lives.

But Ms Chow, 21, a medical student at the National University of Singapore (NUS), has rock-climbed and taken part in aquathlons and biathlons for seven years now.

While she used to sweat it out alone, she has now found a like-minded companion in fellow NUS medical student Nita Thiruchelvam, 22.

“When one of us feels like giving up, the other will be around to cheer the other on,” Ms Chow said.